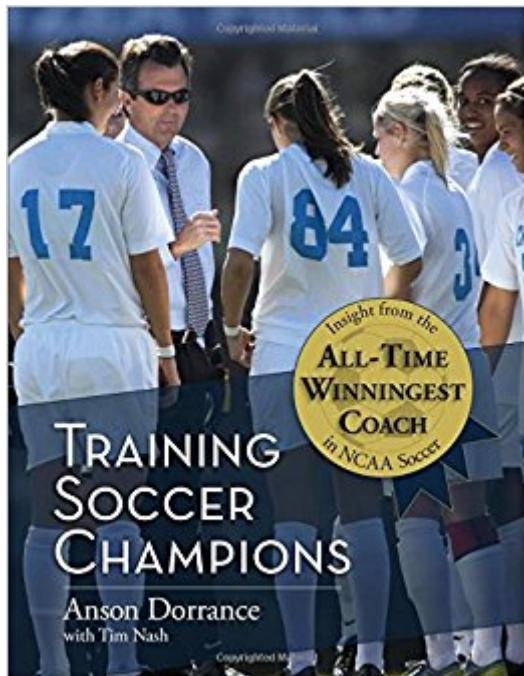


The book was found

Training Soccer Champions



Synopsis

"[Coach Dorrance] knows what it takes to win, and that is very rare. He makes another kind of investment in his players beyond just training: he cares about them as people. He knows what motivates certain types of players and ties it all in to team chemistry and camaraderie." -Mia Hamm, retired American professional soccer player and first woman inducted into the World Football Hall of Fame (2013). She trained under Anson Dorrance (1989-1993), helping the Tar Heels win four NCAA championships. "Anson has an excellent understanding of athletes, and his theories on player development are very astute. He has had a truly remarkable career. He would be a great coach in any sport." -Dean Smith, retired University of North Carolina men's basketball coach (1961-1997). "Coaching legend" Smith trained several NBA players including Michael Jordan and is a Basketball Hall of Fame Enshrinee (1983). Do you have what it takes to train champions? In *Training Soccer Champions*, leading NCAA coach Anson Dorrance shares the secrets to creating and maintaining a winning team. Dorrance explains his philosophies, provides practical lessons, and reflects on his experience, offering the invaluable perspective of one of the world's outstanding coaches. *Training Soccer Champions* digs deep into the psychology of the female athlete and conveys the principles of coaching to benefit average and high-performing teams alike. Field strategy, motivational techniques, team dynamics, and much more are discussed in this must-have guide to coaching. With countless championship titles and numerous awards, Anson Dorrance knows what it takes to win, and now you can too.

Book Information

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Customer Reviews

Hard to believe I have gone so long without this book in my coaching library. More for advanced

coaches as it drills into how to manage teams (females) and gender differences. The Competitive Cauldron was worth the price of admission alone.

I've only coached men's college teams, but I'm convinced Anson's principles represent a foundation for the future of coaching -- for athletes of either sex. Competition is fun and practices need to be fun. The days of drill sergeant as coaching model are over. Kids from most countries now have hundreds of choices in terms of different sports and entertainment. Every minute of practice needs to be fun or they'll do something else. And it's only going to get worse. Obviously the "competitive caldron" can create women's US college soccer champions (UNC won the title again in 2000), but it may also be our best chance to lure the upcoming Sega generation into team sports.

A fantastic book for anyone who is coaching, especially young women.

Highly recommend this book for any girl playing travel soccer at a high level, and/or their parents. The dedication and commitment of the girls in the UNC program is extreme. Players will find this book to be very motivational.

Excellent book, can be used for coaching any age, mainly used for elite female athletes but covers everything. Would recommend it to anyone.

Very well put together , enjoyed it immensely

Simply a great book on coaching. Whatever sport. Anson does a fine job helping coaches motivate young people. Love how he doesn't care about the politically incorrect correctness. Women are wonderfully made different and men also different.

Lots of great content. Shipped in great condition.

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